

DASH FLASH NEWS

December 2025

Interview: Ms. Estape



What are your favorite Christmas Stories?

“Oh, well I really like the Krampus (European folklore not the movie), I just like the concept of a horror figure that punishes bad children, another might be Nightmare before Christmas but that's probably because I like Halloween as much as Christmas.”



Community Corner:

The Nutcracker Performance in Adrienne Arsht:

Dec 12th - Dec 28th

Go on down to the beautiful Adrienne Arsht center and see the Nutcracker be performed by many talented actors and enjoy their elegant performances. Get into the holly-jolly spirit and enjoy this Christmas-classic!

Tickets cost \$50-\$300.

Andrea Bocelli Performing in Kaseya Center:

Dec 18th, 21st, and 25th

One of the most influential singers of our time is coming down to Kaseya Center to deliver a beautiful ballad to everyone who will listen. Tickets cost \$189-\$1,019, depending on where you sit.

Jazz at the Betsy in South Beach:

Dec 31st

Listen to the soothing tunes of jazz for free! Let go of all your worries and melt into the melodies of many up and coming performers.

School Events:

12/5 – Art Basel

12/12 – Winter Formal

12/ 22-1/1– Christmas Break

Colleges & Careers:

Syracuse University

This university is a private research university in Syracuse, NY. It offers 400 programs with 13 colleges. They're well known for their strong programs in business, public affairs and communications. With five award-winning study abroad centers and programs in 60 countries, it has a global influence throughout the world of education.

Career: News Journalist

Majors: BFA in Journalism, Communications or Media studies

Skills & Studies: Ethics, writing, research and broadcasting skills

Roles: Reporter, editors, photojournalists, and producers

Colleges & Universities:

Northwestern University (Medill)
University of Southern California (Annenberg)
Columbia University

Y'all Need Help?:

How To Not Get Burnt Out During Break As An Artist

1. Prioritize your sleep

Make sure you actually rest because you're not a robot, and just like a robot it breaks down when it's overworked so if you feel drained, you should slow down and take a nap. Sleeping keeps your mind clear and when you get your rest, everything feels more steady.

2. Create for fun

Do a quick sketches or small paintings just to keep your creativity flowing. This art doesn't have to be perfect because it's for fun. It's just something to keep your mind going without stressing yourself out about being perfect.

3. Do what you can, as you go

Take things one thing at a time. You can create time slots for yourself and block out time to work. You can work for 20 minutes at a time or more. create tiny goals for self or you can make a simple schedule for when you want to work. This helps you stay focused and organize during break without feeling overwhelmed about what to do next.

4. Keep your peace first

Its OK to take a break! Protect your energy protect your space. Comparison is a thief of joy. Surround yourself around joy or things to keep you inspired. Pull back from things that are negative. Take steps for being calm. Listen to music, Take a nap, or Doodle anything to keep you from stressing out.

Featured Work:

What be it ails to whip a winter wind?

By Quinn Garilli

What be it ails to whip a winter wind?
The somber sky is clouded out by it,
When all the call for joyousness has thinned,
When frayed scarves come through and fall unknit,

The snow as bright as any winter blight,
The bushes dead and poking point a prickle,
A tree whose star is shifted to the right,
A gather of those fit to cause a fickle,

Yet upon yuletimes sparks will grow a flame
And the warmth from the hearth is to inspire
The bundled blankets cast away the blame
As hearts are warmed by the meal of the fire

So under roofs and heated through the wall
Let all the holiday rebond us all.

Comic:

By:
Benea Cook

Holiday Helper



Illustrated by:
Benea Cook
Written by:
Benea Cook



Credits:

Interviews: Sophie Martinez, Sara Lopez

Colleges & Careers: Anna Manzo, Dominic Dorado

School Events: London Paris, Joselyn Sinclair-Hall, Gabriella Vargas

Y'all Need Help: Amelie Angulo, Lily Brinson
Community Corner: Melanie Perez, Antonio Gomez
Comic: Benea Cook
Editors: Erin Long, Quinn Garilli